



2024 Virtual Trek4Missions

Personal Tracking Log

Welcome to the 2024 Virtual Trek4Missions! Join participants nation-wide to benefit recruiting, training and sending a new generation of missionaries through the Orthodox Christian Mission Center (OCMC). OCMC's goal is to collect \$50,000. The Trek begins on the beginning of the Ecclesiastical New Year on September 1 with a group Trek on the Genesee Valley Park Trail on the Feast of the Elevation of the Holy Cross (Saturday, Sept. 14 at Noon) and concludes the end of September. To participate, simply keep track of your daily activity. Be sure to turn in your tracking log to your team captain or to OCMC each week at events@ocmc.org.

Circle Activity(ies) that Apply to You: Walking | Running | Cycling | Swimming | Other

		Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Weekly Total
Week 1 9/01-9/07	Distance (miles)								
Week 2 9/08-9/14	Distance (miles)								
Trek4Missions Walk: Noon on Sat, Sept. 14	Distance (miles)								
Week 3 9/15-9/21	Distance (miles)								
Week 4 9/22-9/28	Distance (miles)								
Week 5 9/29 – 10/05	Distance (miles)								

As a Virtual Trek4Missions participant, you can engage your friends and family by asking them to make a pledge. A pledge is a gift made by supporters who believe in your mission and promise to support your fundraising goal with a contribution. Share your reason on why you are staying active for mission. Be creative! A pledge document is available on the OCMC website at www.ocmc.org.

Donate and/or Join Team at: <http://secure.ocmc.org/goto/WalkingwiththeHolySpirit>